

IPCC COUNSELLING PROGRAM

Program Overview

Individual counselling for patients coping with complex health care needs.

Eligibility

Patients experiencing **moderate** depression **AND/OR** anxiety **with** complex care needs .

Patients with complex care needs have the following characteristics:

- Have health/chronic condition/s with complicating factors (for example co-morbidities, social, emotional, economic, spiritual complications).
- The individual and his/her support network are not self-reliant, and there are high risks in more than one area.
- At risk of institutionalization or acute care admission.
- Care management needs are high and cross multiple sectors and agencies.

***Please note: this program is not suitable for patients who are in active addiction, are cognitively impaired, are in active psychosis, and/or have severe depression/anxiety.**

How to Refer

Complete CMHA referral form and fax to Meagan Maddocks MA, RCC

Fax 604.980.0336 Phone 604.987.6959 ext.228

**Vancouver
CoastalHealth**



**Integrated Primary
and Community Care**



**CANADIAN MENTAL
HEALTH ASSOCIATION**
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